

2026 FALL POOL DAY SCHEDULE

October 16th- December 20th

MONDAY

8:30am-9:45am

Lane Swim ✓

10:00am-10:45am

Drop-In Aquafit ✓

11:00am-12:00pm

Senior Swim ✓

12:30pm-1:30pm

Lane Swim ✓

TUESDAY

8:00am-9:00am

Lane Swim ✓

9:15am-10:00am

Senior Swim ✓

10:15am-11:30am

FREE Public Swim 😊

11:45am-12:45pm

Lane Swim ✓

WEDNESDAY

8:45am-9:45am

Lane Swim ✓

10:00am-10:45am

Drop-In Aquafit ✓

11:00am-12:00pm

Senior Swim ✓

12:30pm-1:30pm

Lane Swim ✓

THURSDAY

8:00am-9:00am

Lane Swim ✓

9:15am-10:00am

Parent and Tot ✓

10:15am-11:30am

FREE Public Swim 😊

11:45am-12:30pm

Core Inclusive

Swim ★

1:00pm-2:00pm

Home School Swim ✓

FRIDAY

9:00am-9:45am

Lane Swim ✓

10:00am-10:45am

Drop-In Aquafit ✓

11:00am-11:45am

Senior Swim ✓

12:00pm-12:45pm

Lane Swim ✓

1:00pm-2:00pm

SHIFT Swim ★

WEEKEND

Saturday.

9:00am-2:00pm

Swim Lessons ★

2:30pm-4:00pm

Public Swim ✓

Sunday.

9:00am-2:00pm

Swim Lessons ★

2:30pm-4:00pm

Public Swim ✓

✓ **DROP IN SESSIONS:** Cost is \$5 per person or \$15 per family.

★ **REGISTRATION REQUIRED:** To register for an aquatic program visit www.countyofkings.ca/registration

2026 FALL POOL EVENING SCHEDULE

October 16th- December 15th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKEND
<p>Marlins Swim Team ★</p> <hr/>	<p>4:30pm-5:15pm Senior Swim ✓</p> <hr/> <p>5:30pm-6:15pm Aquafit Classic ★</p> <hr/> <p>6:30pm-7:15pm Aquafit Interval and Equipment ★</p> <hr/> <p>7:30pm-8:15pm Aquafit Classic ★</p>	<p>5:30pm-7:00pm Public Swim ✓</p> <hr/> <p>7:00pm-8:30pm Bronze Medallion Program ★</p>	<p>4:30pm-5:15pm Senior Swim ✓</p> <hr/> <p>5:30pm-6:15pm Aquafit Classic ★</p> <hr/> <p>6:30pm-7:15pm Aquafit Interval and Equipment ★</p> <hr/> <p>7:30pm-8:15pm Lane Swim ✓</p>	<p>4:00pm-8:00pm Swim Lessons ★</p> <hr/> <p>6:00pm-8:00pm Patrol Team Training ★</p> <hr/>	<p><u>Saturday.</u></p> <p>4:00pm-8:00pm Private Rentals ★</p> <hr/> <p><u>Sunday.</u></p> <p>4:30pm-7:00pm Sensory Swim Lessons ★</p> <hr/> <p>7:15pm-8:15pm Adult Swim Lessons ★</p>

✓ **DROP IN SESSIONS:** Cost is \$5 per person or \$15 per family.

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